


MIDDLE SCHOOL JANUARY MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 	2 NO SCHOOL	3 B - Breakfast Bar Fruit Cup 100% Juice, Milk L - Chicken Patty/WG bun Sweet Potato Fries Steamed Broccoli/cheese sauce Fruit Slushy Pears	4 B - WG Mini Donuts Applesauce Cup 100% Juice, Milk L - Big Daddy Pizza Corn Veggie Juice Box Pineapple Tidbits
7 B - Glazed WG Donut Dried Fruit 100% Juice, Milk L - Creamed Chicken & Biscuit Peas Veggie Juice Box Strawberries	8 B - Breakfast Pizza Applesauce 100% Juice, Milk L - Orange Chicken Fried Rice Steamed Broccoli Baby Carrots Mandarin Oranges Fortune Cookie	9 B - Breakfast Bar Fruit Cup 100% Juice, Milk L - Sausage Gravy & Biscuit Sausage Links Seasoned Potato Cubes Gold Rush Juice Box Fresh Apple	10 B - Goldfish or Granola Yogurt Cup, Grapes 100% Juice, Milk L - Sub Sandwich (turkey slices, cheese slice) Lettuce, Tomato & Onion Baked Beans Celery Sticks w/Sunbutter Peaches	11 B - WG Poptart, String Cheese Fresh Apple Slices 100% Juice, Milk L - Taco in a Bag (taco meat & Doritos) Shredded Cheese & Lettuce Tomatoes & Salsa Corn Fresh Fruit
14 B - Breakfast Bosco Stick Dried Fruit 100% Juice, Milk L - Chicken Tenders Roasted Broccoli Cheese Sauce Potato Smiles Fresh Apple	15 B - WG Mini Donuts Applesauce Cup 100% Juice, Milk L - Corn Dog Veggie Juice Box Baked Beans Peaches Sugar Cookie	16 B - Breakfast Bar Fruit Cup 100% Juice, Milk EARLY DISMISSAL NO LUNCH SERVED	17 B - WG Muffin Yogurt Cup, Banana 100% Juice, Milk L - Bosco Stick Marinara Sauce Salad Mix Cucumber Slices Baby Carrots Fresh Grapes	18 B - Banana Bread Slice Fresh Apple Slices 100% Juice Box, Milk L - Toasted Cheese Tomato Soup & Crackers Fresh Broccoli & Cauliflower Pears
21 	22 B - Breakfast Pizza Applesauce 100% Juice, Milk L - Popcorn Chicken WG Dinner Roll Mashed Potatoes & gravy Steamed Broccoli Strawberries	23 B - Breakfast Bar Fruit Cup 100% Juice, Milk L - French Bread Pizza Salad Mix Sun Splash Juice Box Fresh Orange JonnyPop	24 B - Goldfish or Granola Yogurt Cup, Clementines 100% Juice, Milk L - Taco Salad (taco meat and taco bowl) Lettuce and Cheese Tomatoes and Salsa Corn Pineapple Tidbits	25 B - WG Poptart, String Cheese Fruit 100% Juice, Milk L - Cheeseburger/WG bun Baked Beans Potato Wedges Pears
28 B - Breakfast Bosco Stick Dried Fruit 100% Juice, Milk L - Chicken Patty/WG bun Sweet Potato Fries Steamed Broccoli/cheese sauce Fruit Slushy	29 B - WG Mini Donuts Applesauce Cup 100% Juice, Milk L - Spaghetti / meat sauce Garlic Toast Green Beans Veggie Juice Peaches	30 B - Breakfast Bar Fruit Cup 100% Juice, Milk L - All Beef Hot Dog/WG bun Baked Beans Carrot Sticks Celery Sticks / Sunbutter Fresh Apple	31 B - WG Muffin Yogurt Cup, Banana 100% Juice, Milk L - Nacho Supreme (taco meat, chips, cheese sauce) Lettuce, Tomatoes & Salsa Corn Pears Chocolate Chip Cookie	February 1, 2019 B - Banana Bread Slice Fresh Apple Slices 100% Juice, Milk L - Big Daddy Pizza Salad Mix Grape Tomatoes Cucumber Slices Pineapple Tidbits



MILK CHOICES

- 1% Choc 
- 1% White
- White Skim

(1) Milk included with meal
Extra Milk - \$.30 a carton

ADULT LUNCH - \$ 3.45

Substitutions may occur due to delivery shortages.

This institution is an equal opportunity provider and employer.

