

2006-2007 Curriculum Guide West Carroll High School (Grades 9-12)



Illinois Learning Standards



Social/Emotional Learning (SEL)



The standards describe the content and skills for students in grades K - 12 for social and emotional learning. Each standard includes five benchmark levels that describe what students should know and be able to do in early elementary (grades K - 3), late elementary (grades 4 - 5), middle/junior high (grades 6-8), early high school (grades 9-10), and late high school (grades 11-12). These standards build on the Illinois Social/Emotional Development Standards of the Illinois Early Learning Standards.

These standards have been developed in accordance with Section 15(a) of Public Act 93-0495. This Act calls upon the Illinois State Board of Education to "develop and implement a plan to incorporate social and emotional development standards as part of the Illinois Learning Standards."

Introduction

▶**SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.  

▶**SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.  

▶**SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.  

Retrieved on May 7, 2007 from www.isbe.net



West Carroll High School Guidance Counselors and Services Offered in 2006-2007

<i>Grade level of Student</i>	<i>Guidance Counselor</i>	<i>Pages</i>
Freshman-Sophomore.....	Mr. Jack Roemer.....	3-5
Junior-Senior.....	Mr. Dave Baisden.....	6-12

Specialists for Any age of Student

Mrs. Teresa Maidak.....	School Social Worker
Ms. Unis Mary Rath.....	School Psychologist
Mrs. Laura Smith.....	Lutheran Social Services of Illinois
Mr. Gary Bonjour.....	Lutheran Social Services of Illinois
Mrs. Joyce Crouse.....	Truancy Specialist
Lt. Kevin R. Dimmick.....	School Resource Officer, Savanna Police Department

** Special Education Services such as speech and language therapy, deaf and hard of hearing, occupational therapy, etc. are provided by Northwest Special Education Cooperative in Freeport, Illinois. Please see Mrs. Pam Delp, Director of Special Education for further assistance. She is located at the Intermediate School in Thomson, IL.*

Course: Freshman-Sophomore Guidance

Instructor: Mr. Jack Roemer

State Goal 1: Develop self-awareness and self-management skills to achieve school and life success.

State Learning Standards	Benchmark Level- Early High School	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
Identify and manage ones emotions and behavior	Analyze how thoughts and emotions affect behavior. Generate ways to develop more positive attitudes.	1. Individual and group career planning. 2. Individual personal, social, and academic counseling.	Career Cruising District Social Worker Lutheran Social Services Counselor	Sept., Oct., Nov., Dec., April Sept. through May
Recognizing personal qualities and external supports	Set priorities in building on strengths and identifying areas for improvement. Analyze how positive role models and support systems contribute to school and life success.	1. Individual personal, social, and academic counseling.	Career Cruising District Social Worker Lutheran Social Services Counselor	Sept. through May
Demonstrate skills related to achieving personal and academic goals.	Identify strategies to make use of resources and overcome obstacles to achieve goals. Apply strategies to overcome obstacles to goal achievement.	1. Individual and group career planning. 2. Pre-registration and class selection.	Career cruising, PLAN.	Sept., Oct., Nov., Dec., April. Jan., Feb. March

Course: Freshman-Sophomore Guidance

Instructor: Mr. Jack Roemer

State Goal 2: Develop self-awareness and self-management skills to achieve school success.

State Learning Standards	Benchmark Level- Early High School	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
Recognize the feelings and perspectives of others.	Analyze similarities and differences between ones own and others perspectives.	Individual personal, social, and academic counseling.	District Social Worker Lutheran Social Services Counselor	September through May.
Recognize individual and group similarities and differences.	Demonstrate respect for individuals from different social and cultural groups.	Individual personal, social, and academic counseling.	District Social Worker Lutheran Social Services Counselor	September through May.
Use communication and social skills to effectively interact with others.	Evaluate the effects of requesting support from and providing support to others.	Individual personal, social, and academic counseling.	District Social Worker Lutheran Social Services Counselor	September through May.
Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.	Analyze how listening and talking accurately help in resolving conflicts.	Individual, personal, social, and academic counseling.	District Social Worker Lutheran Social Services Counselor	September through May.

Course: Freshman-Sophomore Guidance

Instructor: Mr. Jack Roemer

State Goal 3: Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

State Learning Standards	Benchmark Level- Early High School	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
Consider ethical, safety, and societal factors in making decisions..	Demonstrate personal responsibility in making ethical decisions.	Individual personal, social, and academic counseling.	District Social Worker Lutheran Social Services Counselor	Sept. through May
Apply decision-making skills to deal responsibly with daily academic and social situations.	Evaluate personal abilities to gather information, generate alternatives, and anticipate the consequences of decisions.	Individual personal, social, and academic counseling. Individual career planning. Pre-registration and scheduling classes.	Career Cruising District Social Worker Lutheran Social Services Counselor	Sept. through May Sept., Oct, Nov., Dec. Jan., Feb., March
Contribute to the well being of ones school and community.	Plan, implement, and evaluate one's participation in activities and organizations that improve school climate.	Individual career planning Individual personal, social, and academic counseling.	Career Cruising District Social Worker Lutheran Social Services Counselor	Sept. through Dec. Sept. through May

Course: Junior-Senior Guidance

Instructor: Mr. Dave Baisden

Program	Activity	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
School Guidance Curriculum	Sophomore Academic Assessment	1. Discover academic strengths and weaknesses. 2. ACT test taking practice.	PLAN Prep Materials in small group presentations	October
			PLAN results Interpretation in small group presentations	January
School Guidance Curriculum	Sophomore Career Awareness and world of work	1. Research the world of work, career options, and training needed. 2. 2-year high school plan and post secondary career plan.	Using Your PLAN Results booklet. Small group directed research.	January
School Guidance Curriculum	Junior Academic Assessment	1. Discover academic strengths and weaknesses. 2. Practice taking a nationally normed test.	ASVAB results interpretation in large group presentations.	January
School Guidance Curriculum	Junior Academic Assessment	1. Discover academic strengths and weaknesses. 2. SAT test taking practice.	PSAT results interpretation in small group presentations.	January
School Guidance Curriculum	Junior Career Awareness and world of work	1. Review the world of work, career options, and training needed. 2. Senior year high school plan and post-secondary career plan.	PSAT results interpretation in small group presentations. Small group directed research.	January

School Guidance Curriculum	Junior and Senior Test-Taking Prep	<ol style="list-style-type: none"> 1. Review test taking strategies for ACT testing. 2. Practice and preparation for ACT individual tests. 3. Practice and preparation for PSAT individual tests. 	<p>ACT practice tests.</p> <p>ACTive test prep program.</p> <p>Subject teachers presentation and instruction.</p>	March-April
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Course: Junior-Senior Guidance

Instructor: Mr. Dave Baisden

Program	Activity	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
School Guidance Curriculum	Post-secondary Planning and application process	<ol style="list-style-type: none"> 1. Researching individual post-secondary requirements for admission. 2. Completing college applications and transcript requests. 	<p>Visiting college representative.</p> <p>Small group presentations.</p> <p>Individual sessions with senior students.</p>	September-February
School Guidance Curriculum	Financial Aid information	<ol style="list-style-type: none"> 1. Finding out about financial aid sources. 2. Introduce the FAFSA and college financial aid administrators. 3. Introduced to Local, regional, institutional and national scholarship opportunities. 	<p>Workshop provided by Highland Community College.</p> <p>Small group presentations.</p> <p>2-minutes news letter.</p>	<p>January</p> <p>January</p> <p>September-March</p>

School Guidance Curriculum	High School Planning/High School course selection process	<ol style="list-style-type: none"> 1. Review required high school courses. 2. Review recommended college prep curriculum. 3. Review individual's career path and high school courses to gain experience. 4. Pre-registration for the following year's classes. 	<p>Small group pre-registration presentation.</p> <p>Use students ICP (Individual Career Plans)</p> <p>Course Handbook</p>	<p>October</p> <p>February</p>
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Course: Junior-Senior Guidance

Instructor: D. Baisden

Program	Activity	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
Individual Student Planning	Goal setting	<ol style="list-style-type: none"> 1. Set goals according to academic strengths and weaknesses. 2. Set goals according to career plans and interests. 	<p>PLAN, ASVAB, PSAT, ACT test interpretation.</p> <p>Individual Career Plans (ICP)</p> <p>Small group presentation.</p> <p>One-on-one sessions with 11-12 counselor.</p> <p>2-minutes newsletter.</p>	<p>Juniors- January</p> <p>Seniors- September-March (2 meetings each)</p>

Individual Student Planning	Academic Plans	<ol style="list-style-type: none"> 1. Review required courses for West Carroll High School requirements. 2. Review recommended college prep curriculum. 3. Research high school courses that are related to student's career plan. 4. Juniors plan and register for senior year classes. 5. Seniors plan and enroll for post-high school course work. 	<p>High School course handbook.</p> <p>ICP's.</p> <p>One-on-one sessions with 11-12 counselor.</p> <p>Small group presentation.</p> <p>Pre-registration session and forms.</p> <p>College advisors.</p> <p>Compass testing for HCC, SVCC, and Blackhawk.</p> <p>2-minutes newsletter.</p>	<p>Juniors- January-March</p> <p>Individuals September-May</p> <p>Post-Secondary Enrollment-May</p>
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Course: Junior-Senior Guidance

Instructor: Mr. Dave Baisden

Program	Activity	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
Individual Student Planning	Career plans	<ol style="list-style-type: none"> 1. Plan high school curriculum to gain experience for career plans. 2. Research career options and education needed. 2. Complete college applications. 3. Complete scholarship applications. 4. Act on final acceptance to colleges and send final transcripts. 5. Complete application for employment and arrange for letters of recommendation and final transcripts. 	<p>One-on-one sessions with 11-12 counselor.</p> <p>ICP's</p> <p>Course handbook.</p> <p>PLAN, ASVAB, PSAT and Career Cruising career components.</p> <p>2-minutes newsletter.</p> <p>College representatives.</p> <p>Small group presentation.</p> <p>Office secretaries.</p>	<p>Juniors- January-March</p> <p>Seniors September-May</p> <p>Individual September-May</p> <p>Post-Secondary Enrollment-May</p> <p>Employment-April-May</p>
Individual Student Planning	Problem solving	<ol style="list-style-type: none"> 1. Devise a plan to improve failing grades for required courses. 2. Enroll in correspondence courses to make-up credits a student is short. 	<p>Weekly eligibility lists.</p> <p>Mid-term reports.</p> <p>Quarter grades report cards.</p> <p>One-on-one sessions with 11-12 counselor</p>	September-May

			School tutor. Penn Foster High School. Senior parent letters. High School instructors. 2-minutes newsletter.	
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Course: Junior-Senior Guidance

Instructor: Mr. Dave Baisden

Program	Activity	Curriculum Standard/Experience (Learner Objective)	Suggested Resources	Month(s) Taught
Responsive Counseling	Individual Counseling	1. Crisis Counseling. 2. Diagnostic and remediation activities. 3. Consultation. 4. Referral 5. Personal counseling 6. Career guidance.	9-10 Counselor 11-12 Counselor District Social Worker District Psychologist Lutheran Social Services Counselor Parents Teachers Administrators Community Resources (ie. Carroll County Youth	August-May

			Network, Carroll County Human Service Directory etc.)	
System Support	Program Management	<ol style="list-style-type: none"> 1. Research and development. 2. Staff/Community public relations. 3. Professional development. 4. Committee/advisory board. 5. Community outreach. 6. Program Management and operations. 7. School testing program. 8. Curriculum committees. 9. Working with administrators. 	<p>Community resources (see above)</p> <p>2-minutes newsletter</p> <p>School resources (see above)</p> <p>Local newspapers and radio</p>	August-May